### EAST END BOYS CLUB AND GIRLS GROUP



### **SUMMER PROGRAMS 2023**

MAKING A DIFFERENCE THROUGH LEADERSHIP, ENGAGEMENT AND EDUCATION

### MESSAGE FROM OUR FOUNDER & EXECUTIVE DIRECTOR



As this school year comes to a close, we reflect on the many activities and opportunities our East End Boys Club members have enjoyed. Our youth and alumni, have stayed engaged throughout the year and participated in high quality programming in theatre, film making, leadership building, athletics, mental health training, financial literacy, tutoring and if that weren't enough, they've been invited to numerous live entertainment events at Rogers Arena. It is truly an amazing list of offerings which have only been made possible through our many incredibly generous and committed donors, mentors and volunteers, who year after year have supported our work and believed in the youth we serve. Their genuine care and involvement in the personal lives of young people has been both heart-warming and truly moving. The EEBC reflects the best of what a community can become, bringing together those who have achieved great heights in their respective fields, and paired them with those who are burgeoning but are at a stage in their lives where they need guidance and support to become victorious in their own pursuits. I am so honored to be at the center of this amazing group of people.

We are enthusiastically looking forward to another dynamic line up of Summer Programs, once again generously supported by our many donors, mentors and volunteers. Our focus this Summer is to continue our tradition of building skills and developing youth to be well rounded and active participants in our Society. The efforts we make today will come to fruition and collectively we will benefit from a generation that understands the importance of giving back, providing education and caring support. One such accomplishment is that all our Grade 12 members successfully completed their graduation requirements and each one of them is on their way to post-secondary education, some in the trades programs, others in college or university. In the past, we've provided bursaries for each member in financial need and have continued to support many through to the end of their programs. I am pleased to say that we are again in a position to do that for the grads of 2023, again through the ongoing support of our donors.

Later in the Fall, we will invite everyone to our Show Case Evening where students' films will be presented as well as a compilation video highlighting our Summer Programs. In addition, in late September we will be re-mounting our original play REVENGE, written by Aiden Parker EEBC alumnus, invitations will be emailed in late August. Until then, I hope you all have some time this Summer for fun and relaxation with family and friends.

Sincerely,

Jim Crescenzo, East End Boys Club Society

### EAST END BOYS CLUB SOCIETY

#### Founder and Executive Director:

Jim Crescenzo Phone: (604) 537-7206

President - Jessica Facini Vice-President - Bruce Coleman Treasurer - Steven Kanjer Member - Irena Sakic Member - Gemma Kanjer Member - Kody Penner

#### **Co-Founder and Administrator:**

Tina Crescenzo Email: tina@eeboysclub.com Phone: (604) 562-6202

### **Mailing Address:**

2147 Knightswood Place Burnaby, B.C. V5A 4B9

#### Charity Registration: 72682 8882 RR0001



# SUMMER KICK-OFF BARBEQUE JUNE 21



#### 3:30 pm - 7:00 pm Location: Ross Family Compound

Our EEBC members, mentors and support staff are invited to celebrate the start of summer vacation and the beginning of our Summer Camps Program. We will host a barbeque with music and all the picnic fare. This outdoor event will take place at the home of an EEBC mentor near Templeton Secondary School. We will provide the address at our Boys Club and Girls Group meetings.

# WORLD MUSIC WORKSHOP JUNE 28

3:30 pm – 5:00 pm Location: St. Francis of Asissi Church Hall

This is an active, hands-on, engaging and fun experience, that will teach you rhythm components of various cultures. Students will increase their global awareness and understanding of diversity. In preparation for this workshop, take some time to research African and Brazilian cultures, their music and the connections between these countries.

Participants who have their own hand drum, such as a Djembe or Congo drum, are invited to bring it to the workshop. You are also encouraged to make your own shaker instrument, from plastic bottles filled with rice, dried beans or paper clips. It will make for an interesting collection of sound when we get together.



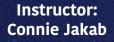
### Instructor: David DeTomaso

is a musician and educator, he has a long history of working with youth and presents workshops in high schools across the Vancouver area.

### MENTAL HEALTH WORKSHOP JULY 4-6

#### 4:00 pm - 7:00 pm Location: St. Francis of Asissi Church Hall

During this camp, students will learn how to overcome loneliness, stress and learn skills to lift oneself out of emotional and mental slumps. They will also be taken through a peer support model of how to support others who are struggling, which will include resilience, mental health and leadership skills.



is the Co-Founder of Wellness Innovate, a company innovating in the area of mental health and resilience. She is an author, speaker and has taught students in schools for over 25 years. Connie is an engaging presenter known for her honesty, humour and dance.



# ART THERAPY JULY 10-13

4:00 pm - 7:00 pm Location: St. Francis of Asissi Church Hall

Art Therapy uses the creative process of making art a safe way to represent one's inner experiences, develop awareness and support personal change. Along with creating art, our instructor Ami Dolenz, will at times use relaxation and visualization techniques and guided imagery. Ami will focus on a method of drawing called Zen Doodle, a fun and easy way of using patterns and doodles to design unique artwork. It increases mental focus and creative expression while producing an inner calmness that can reduce stress.



has had a successful acting career in Los Angeles and is currently residing in Vancouver. She is also an accomplished artist and workshop presenter.



# THE CHAMPION MINDSET JULY 14

#### 4:00 pm-7:00 pm Location: St. Francis of Asissi Church Hall

The mindset of a champion is flexible and strong while harbouring the ability to cope with setbacks and obstacles. Champions possess a strong will to succeed and overcome failures that arise. Maintaining a steadfast belief in themselves keeps them mentally adept and resilient. Champions don't look for others to blame when they don't win nor do they focus on the faults of others, rather they focus on what they can do better. Mistakes and defeats are opportunities for growth and improvement. The outcome is that champions become stronger, wiser and better.

Jerry will help young people cultivate a strong mindset and realize their full potential, regardless of their challenges. He uses high-energy activities and exercises to help them develop the habits and mindset to be a champion in life. By learning to build a resilient attitude and tackle challenges head-on, they'll open up a world of possibilities and boost their self-esteem and confidence. They will feel motivated, inspired and empowered! Instructor: EEBC Mentor, Jerry Trimble was known as the "fastest kicker" in the sport of Kick Boxing, a two-time World Champion, holding the rank of 6th Dan Black Belt. He is an actor, stuntman and youth motivational speaker.



# FINANCIAL LITERACY JULY 15

9:00 am - 3:00 pm Location: St. Francis of Asissi Church Hall



Financial literacy is a life skill that increases your chances of being able to manage your money with greater confidence and less stress. This one-day workshop will strengthen your understanding of basic concepts of personal finance and empower you to make better decisions which in turn helps you to achieve your financial goals. We will discuss five key concepts: Budgeting; Building and Improving Credit; Saving and Compounding Interest; Borrowing and Repaying Debt and Investing.

#### Instructor:

EEBC Mentor, **Phil Moore**, is a real estate expert and investor. He served as a Real Estate Board of Greater Vancouver Director for nine years as well as President and Spokesperson in 2018. He has chaired the CREA's Realtor Code Committee (2019-20) and Audit and Risk Management Committee (2019-23). Phil has recently achieved his ICD.D designation from the University of Toronto's Director Education Program and serves as the Vice-Chair of Camp Choice B.C.

Other professionals from the Banking, Finance and Investment industries will make presentations at this workshop.

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# CHAMPIONS WEEK JULY 17-21

9:00 am - 3:00 pm Location: Group will meet at 9:00 am at Templeton Secondary Back Parking Lot, near the Theatre Temp.

Champions Week is a one-week intensive Combative Sports-Fitness camp that will bring the best out of all participants. The once misunderstood sport of boxing is now believed to be one of the best forms of exercise including cardio-vascular, conditioning, agility, and handeye coordination components. It also stimulates focus and mindfulness, reduces stress and contributes to overall improved mental health wellbeing. Youth will have the opportunity to visit numerous combat sports facilities in the Lower Mainland and train with some of the most experienced and knowledgeable practitioners, including former and current world champions.

**The training will help participants:** Improve cardio-vascular fitness, develop muscle and overall strength and conditioning. Lastly, improve balance and coordination through goal-setting and achievement.

**We will be visiting:** MMA competitor and former 2012 Olympian Arjun Bhullar's Gym in Richmond, Christine Sinclair Community Centre Gym, Diaz Combat Sports, Astoria Boxing Club and Former Canadian Light Heavyweight Champion Junior Moar's Gym in Vancouver



Instructors: **EEBC** Mentor, Manny Sobral is a former Olympian who represented Canada at the 1988 Olympics in Seoul Korea. He's also won 5 gold medals in International Boxing Competitions, including the Super Welterweight Championship in 1998-99. Manny holds a Masters Degree in Education and currently works as a Teacher in the Vancouver School District, he was named B.C. Boxing Coach of the Year in 2007 and inducted into the Burnaby Hall of Fame in 2010. Most recently, Manny was recognized by the UBC Faculty of Education as one of Education's 100.

Instructor: EEBC Mentor, Jerry Trimble (see previous page)

# BUILDING POSITIVE MENTAL HEALTH PRACTICES JULY 24-25

#### 4:00 pm - 7:00 pm Location: St. Francis of Asissi Church Hall

Taking care of your mental health is not all that different from looking after your physical health. Practicing mental health strategies and building on those skills can lead to a greater sense of contentment and resilience. Good mental health allows us to feel, think and behave in ways that make life more enjoyable and easier to navigate.

In this two-day workshop you will engage in dialogue, group work, and individual reflection. Participants will learn about elements and practices of good mental health and wellness. You will leave with a series of tools to support you in your own mental health journey to achieve greater strength and satisfaction.

We will: Explore the notion that life is a process and we will all face challenges at some point; Identify your personal strengths and weaknesses; Set realistic and attainable goals for personal growth; Move towards acceptance of self and others; Understand that we all have both positive and negative feelings; Engage in activities that bring meaning and belonging to your life; Discuss how to nurture **healthy, trusting** relationships with people who are accepting and supportive.

#### Instructor: Kirsten Hermanson

has been working in social services and education for over 20 years. She started her career in youth probation which led to counselling and prevention work in schools. She has developed evidence-based prevention programs supporting youth to achieve success. Kirsten now works at the District level for Delta schools, in conjunction with Child and Youth Care Workers and managing District prevention programs. She is also a mom of two incredible children who keep her on her toes daily.

# CAMP MY WAY JULY 30-AUG 6

Pick-up Location: Participants will meet at the Front Parking Lot of Templeton Secondary at 6:30 am. We will drive to Pemberton to join the Camp My Way Leaders on location.

This is a wilderness therapy program offering a safe environment for the mind, body and soul to heal naturally. Camp My Way is nestled in the remote backwoods of B.C. between pristine Seton and Anderson Lakes, along the Cayoosh Mountain Range, 22 kilometers north-east of Pemberton, and 12 kilometers north-east of Lillooet Lake. This area offers us the opportunity to share space with an abundance of wildlife. At Camp My Way we learn to push past physical limitations in a safe, encouraging and rewarding environment. Starting off our days with a body scan, you will learn to connect to the physical aspect of oneself. Moving at your own pace each day and through each activity we bring the team closer together, supporting one another to ensure success. Participants will engage in water safety lessons, swimming, canoeing, snorkeling, fishing and hiking.



Instructor: Terrance Kosikar was a first responder to a fatal and near fatal accidents during the Winter Olympics in Whistler, B.C. Although he was well trained in a myriad of life saving techniques, when those techniques were not enough, he found himself suffering from PTSD. His recovery journey brought him to develop Camp My Way which offers an incredibly effective method of helping to manage life.

Terrance will host an information meeting for participants and their parents on Tuesday, July 4 at 7:15 pm at St. Francis of Asissi Church Hall.

### CAMP CHOICE AUG 14-18

Pick-up Location: Participants will meet at the Front Parking Lot of Templeton Secondary at 10:00 am. A bus will take the group to Mission to join the Camp Choice Leaders on location at the Mel Zajac Ranch.

The East End Boys Club Society is proud to once again offer this dynamic experience to our youth. The objectives of this week-long camp are to empower youth to create positive change in themselves and in their communities through understanding the power of choice, responsibility, and their own effectiveness as leaders. Every physical and mental exercise and event focuses on building community, trust, focus and commitment to achieving beyond what they thought was possible. Participants often develop lasting relationships and friendships that extend past the one-week camp. We wish to acknowledge Sam Hermez (Chair of Camp Choice), Phil Moore (Vice-Chair of Camp Choice), and John Patricelli (Lead Facilitator) for all their efforts in bringing this opportunity to our EEBC Members.

Instructor: EEBC Lead Mentor, John Patricelli will be one of the instructors at Camp Choice. He is a successful realtor and the recipient of the 2017 Real Estate Care Award.

John has overcome many challenges in his life and now speaks to high school students about the perils of drinking and drugs and how they can instead choose to create a successful life by making positive choices.



# RISE X SHINE LEADERSHIP AUG 22-24

Pick-up Location: Participants will meet at the Front Parking Lot of Templeton Secondary at 8:00 am. Drivers will transport participants to Whistler, B.C. to meet the Rise X Shine Camp Leaders and check into their accommodations at the Whistler Olympic Village dorms.

Rise X Shine is a holistic leadership program led by former USMNT World Cup soccer player and Whitecaps Captain Jay DeMerit. The focus is on activity-based learning such as hiking or cross training as well as nutrition and mental performance. Over two nights and three full days, the program also features a Mentor of the Day. These high performing individuals come from a range of fields and bring a unique skill set and mindset to the program. The camp focuses on starting the day with 45 minutes of exercises to give your mind a positive start, this is designed by our Mental Performance Coach Dani Wilson who has earned a Master's degree in Sports Psychology.



### Instructor: Jay DeMerit

founder of Rise X Shine. has assembled a group of highly skilled professionals with a wide range of experience in sport, sport psychology, business, music, design and beyond to empower the next generation through mental skills training and personal development. Jay has a unique history of accomplishments in sports, as a former USMNT World Cup Soccer player and MLS and Premier League Captain. Jay also holds a BA in Industrial Desian from the University of Illinois-Chicago.



# VIDEO POETRY SEPT 6-30

#### **Location: Templeton Secondary School**

Participants will have an opportunity to work on creating meaningful video poems, under the guidance of Corin Browne, renowned film teacher and resident film maker at Templeton Secondary and community engaged artist Patti Fraser. Over four weekly workshops in September, participants will brainstorm, write and edit scripts and learn to use professional quality cameras and sound equipment. To assemble their creative work, students will participate in an editing intensive workshop at Simon Fraser University. These video poetry films will be screened as part of our East End Boys Club Society's Show Case in October.





#### Instructor:

**Patti Fraser** uses story and narrative as a method of inquiry in her community engaged art practice and writing. She is a writer, performer, artist and educator who has been working with communities for over thirty years. Patti uses her expertise to help people tell their stories. She sees stories as vehicles that can take us into greater awareness of our being in a shared world.



#### Instructor:

**Corin Browne** is a video maker, podcast producer and media educator who has been working as a community engaged artist for over 15 years. In addition to teaching film production at Templeton Secondary, she is the Director of the award winning After School Film Program. Corin has a background in independent film work, primarily in documentary and news magazine formats. She is the co-artistic director of Housing Matters Media Project, founding member

of the nationally recognized Summer Visions Film Institute for Youth. With an academic background in critical media education and digital production (Master's degree in Communication, SFU), Corin is interested in creating media-based projects that explore notions of community, place, radical democracy, social justice and memory. Corin's projects include public service announcements educating farmworkers about pesticide contamination and large-scale, multimedia- art projects exploring the impact of the housing crisis on young artists and youth living in government care. Her recent projects include Common Notions, a documentary exploring youth liberation through the lens of an arts and activism center in Vancouver and EMMA Talks, a women's speaker series.

# REVENGE SEPT 30

AN EEBC ORIGINAL PLAY WRITTEN BY AIDEN PARKER AND CONCEPT DEVELOPMENT BY KEVIN BENNETT

IN RECOGNITION OF NATIONAL DAY FOR TRUTH & RECONCILIATION

### 6:00 pm Performance | 7:30 pm Dinner Location: St. Francis of Asissi Church Hall

Why do we cover our pain with more pain? Why do we seek revenge instead of discovering the healing power of forgiveness?

Revenge is a modern adaptation of Shakespeare's dark tale, Titus Andronicus. Set against the backdrop of an urban high school, Revenge puts a spotlight on headlines from today's news stories and challenges that are facing Indigenous people across our country. The play reveals how a community deals with a missing girl and her grandmother's attempts to find her while struggling against deeply rooted systemic discrimination. Revenge intersects Shakespeare's themes of violence, retaliation, and abuses of power, while creating a bold and novel interactive storytelling style. Our aim is to entertain audiences and evoke empathy through theatre, nudging participants to look inward and reach towards healing and forgiveness in their own lives.



#### **DIRECTOR AND CONCEPT CREATOR:**

Kevin Bennett lives in London where he works as a freelance theatre director and continues to travel the world to direct and teach acting. In recent years Shakespeare's Globe has sent Kevin to the USA, China and India. Kevin's latest theatre work in Canada has consisted of directing largescale productions of Alan Bennett's The Madness of George III at the Shaw Festival theatre in Niagara-on-the-Lake (a production featured in the The Wall Street Journal's top ten "Best Theater of

2017") and Mike Bartlett's King Charles III at The Arts Club Theatre company's Stanley Theatre in Vancouver. In 2019, he was in Beijing directing a Mandarin production of Romeo and Juliet for the international joint degree program at Beijing's Central Academy of Drama and London's Guildhall School of Music and Drama.





ASSOCIATE DIRECTOR: Michael Fera has worked extensively in theatre for over 40 years, sharing the stage with youth and other professional actors. His most recent role is in Revenge, marking his long-standing relationship with the EEBC. Michael was co-Artistic Director for Hoarse Raven Theatre, who he co-founded with Tanja Dixon-Warren and proud of many artistically rich collaborations including one of Vancouver's well known, Tony and Tina's Wedding which ran for 14 years. Michael and Tanja are the recipients of the Vancouver Top 40 Under 40 Business Awards.

WRITER: Aiden Parker is a Vancouver-based writer, improviser, actor, filmmaker, and educator. He holds a BFA from the School of Creative Writing at UBC, during which time he had two plays produced in the Brave New Play Rites Festival. After graduating, he worked as an editor at Tradewind Books. He was a writer for the development of Season One of a network sit-com with Taiwanese Canadian comedian Ed Hill. He recently directed his first film, Til Death, based on a play he wrote which was produced at the Nest Theatre on Granville Island in 2019. Aiden is currently an instructor at The Arts Club Theatre Company where he leads student experience workshops, creative teens' programs, and community outreach programs. Aiden uses theatre and improv to build confidence, trust, and devises theatre pieces with students from equity-seeking communities in B.C and other regions in Canada.

## OUR PRINCIPAL DONORS

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# OUR VOLUNTEERS AND STAFF





JIM CRESCENZO is our EEBC Founder and Executive Director, he had a long teaching career as a Theatre Teacher and Fine Arts Department Head at Templeton Secondary School from 1981-2018. He built the Theatre Temp and Dream Big Productions Film Program, gaining recognition for theatre and film productions at the local, provincial, and international levels. Under Jim's direction, creative works from these programs received more than 600 awards. Jim is also the recipient of several community distinctions, as well as the national award for Teaching Excellence. His passion has always been to level the playing field for youth at risk and he has committed his life to providing valuable life skills training through educational opportunities, fine arts and mentorship.

**TINA CRESCENZO** is our EEBC Co-Founder, she taught French Immersion and Special Education in Burnaby schools for 30 years. After completing a Master's degree in Reading and Learning Disabilities, Tina began her own practice as an Educational Therapist helping students with various learning challenges. Tina is a strong supporter of addressing mental health in a therapeutic setting. She studied the Neuro Affective Relational Model and completed the Neuro-Touch training for developmental trauma therapy in California, she is also certified in Somatic Experiencing for shock trauma.



#### **ALI CHAUDHRY**

is an EEBC Alumnus, now supporting youth at the EEBC as a Mentor. He has worked in banking and is considering a career in real estate.



#### **MARK CURTAIN'S**

mentorship approach involves a combination of active listening, empathy and providing practical tools to manage stress and cope with difficult emotions. He uses his firsthand experience as a fire fighter to connect with the mentees, helping them understand the importance of resilience, self-care, and seeking support when needed. Mark also collaborates with mental health professionals to develop tailored interventions and resources for the youth he serves.

#### **KATHLEEN DEACAN**

supports our EEBC Girls Group and is an Educational Assistant for the Vancouver School District supporting our most vulnerable students. She has witnessed the benefits of participating in EEBC programs as her son is an EEBC Alumnus. Kathleen is passionate about guiding children and youth to be their authentic selves, to pursue and achieve their individual dreams. She also encourages diversity and inclusion.



#### WENDY GILMOUR

has been instrumental in helping many of our students gain entrance to trades programs in colleges and continue their journey to meaningful employment. From 2015 to 2018, Wendy worked with a team of teachers and the Ministry of Education to develop the K-12 Career Education curriculum. After retiring from the high school system, Wendy moved to teaching at Vancouver Community College where she continues to teach in the international Automotive Collision and Refinishing program as a Communications Instructor and does contract work for Skills BC and BC Women in Trades.



JAMES HUTSON

is a graduate of Tupper Secondary in Vancouver, and a former Templeton teacher therefore, he has a special insight into some of the challenges our youth face. He is now a professional Actor, Writer and Director, having worked with Ben Kingsley, Al Pacino, Robin Williams, Hillary Swank and Ben Affleck to name a few. James studied Shakespeare at the British American Academy in Oxford and continues to work with world renowned acting coaches. His experiences and work ethic have made James one of our key mentors in helping teens establish film careers and build confidence through our acting programs.



#### **JESSE JOHL**

supports our members through his volunteer food program. Jesse is a community advocate and philanthropist. He was one of the first group of volunteers trained for Canuck Place, he is a proud supporter and volunteer of Guru Nanak Free Kitchen for the past decade. Jesse is president of the Queen Elizabeth Lions Club and provides food security for children, the elderly, and the disadvantaged. Jesse has a background in business and is the recipient of The Duke of Edinburgh Award, Melvin Jones, Dr. Brian Stevenson and Paul Haris Fellow awards. He believes strongly in mentorship and assists with our Delta chapter and our Vancouver EEBC groups.



#### **DAVID KATSIONIS**

is a Registered Clinical Counsellor, a School Counsellor and Leader of the EEBC chapter at Central Secondary in Burnaby. He also provides private counselling for our EEBC members. David has extensive experience helping adolescents achieve personal wellness and their academic potential. Additionally, David spends much of his time coaching soccer where he teaches his team about commitment, leadership and teamwork.



#### **PETER KATSIONIS**

is a successful writer and published author, retired History Teacher and recipient of the Government of Canada History Award as well as the Prime Minister's Award for Teaching Excellence. Peter has long supported the EEBC and brings years of experience to his work.

#### JILL LANG

is grateful to have the opportunity to utilize her talents at the East End Boys Club. As a graduate of SFU (BSc.) and with experience in real estate conveyancing, Jill became a staff bookkeeper at EEBC in the Fall of 2018. This role provides her with the ideal balance between her busy family life and the flexibility of working from home. Jill enjoys working behind the scenes, managing recordkeeping and administrative tasks, with the aim of freeing up Tina and Jim to dedicate more attention to serving the members of EEBC.



#### **LUKE LINTHORNE**

is a highly regarded Personal Trainer and has helped hundreds of individuals become the best version of themselves. He joined EEBC in 2022 as a Mentor and with his passion to make a difference, has made a meaningful impact on the boys' lives. Luke has overcome many adversities in his life and is now a great mentor and positive force in the community.

#### FARHAN MOHAN

supports our EEBC members and is a very personable individual with a positive mindset. His purpose is to help anyone he can, along his journey in life. Farhan's dream is to build schools and libraries for children in Third World countries, and in turn help them establish a more positive and prosperous future.

#### HARMAN MADDHAR

is a passionate Singer, Songwriter and Producer from Vancouver, Since the age of ten he has had several of his songs make the charts and his music is played internationally. Harman's music spans three genres, POP, R&B and Hip Hop, his focus is on meaningful lyrics backed by clever instrumentation. Harman initially turned to music as a way to escape when life felt too challenging, then it evolved into a way of speaking to people without actually being present. Eventually, his love of this art form turned into a career, releasing his first album in 2014. Harman completed his education at the Nimbus School of Recording and Media, he also works as a music engineer.



### **JOSH SEGUIBAN**

is an EEBC Alumnus and now supports our members as a Mentor. He currently works at Cactus Club. His positive attitude is appreciated as is the time he spends helping the EEBC organization and members.



#### TANYA ZAMBRANO

is a proud mom of two teenagers, she is also the Drama Teacher and Fine Arts Department Head at Templeton Secondary and leads our EEBC Girls Group. Tanya is also on the Board of Directors for the Burnaby Football Club and coaches U13 Division Soccer. She believes in empowering young women through finding their passions.

### **SUMMER PROGRAMS 2023**

JUNE 21 SUMMER KICK-OFF BARBEQUE

JUNE 28 WORLD MUSIC WORKSHOP

JULY 4–6 MENTAL HEALTH WORKSHOP

JULY 10-13 ART THERAPY

JULY 14 THE CHAMPION MINDSET

JULY 15 FINANCIAL LITERACY

JULY 17-21 CHAMPIONS WEEK JULY 24–25 BUILDING POSITIVE MENTAL HEALTH PRACTICES

JULY 30-AUGUST 6 CAMP MY WAY

AUGUST 14-18 CAMP CHOICE

AUGUST 22-24 RISE X SHINE LEADERSHIP CAMP

SEPTEMBER 6-30 VIDEO POETRY

SEPTEMBER 30 REVENGE

### **REGISTER NOW!**

www.eeboysclub.com

